

## Frequently Asked Questions About Filing A Long Term Disability Claim

The following questions and answers will help you file a Long Term Disability (LTD) claim with Standard Insurance Company (The Standard). The steps outlined below will enable you to access our efficient claims services quickly and easily.

### When Should I Report A Claim?

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Report a claim as soon as you believe you will be absent from work beyond your benefit waiting period. If you are uncertain about how long you will be absent or whether you should file a claim or not, we suggest that you file your claim. This offers you some peace of mind and allows for The Standard to begin its review and issue a timely payment if appropriate.

### How Do I File A Claim?

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To file a claim by telephone, contact The Standard's Claim Intake Service Center at 833.229.4177.

To file a claim online, go to [standard.com](http://standard.com) and click on "File a Claim" to begin the claim process. Instructions will be provided through the entire claim submission process.

To file a paper claim, contact your benefits administrator or go to [standard.com/mybenefits/wash-state-hca-sebb](http://standard.com/mybenefits/wash-state-hca-sebb) and click on "Forms" to download, complete and print a Long Term Disability claim packet. Completed forms can be mailed or faxed to The Standard using the contact information at the top of the claim packet.

A typical application for disability benefits contains the following documents:

- Employee's Statement<sup>1</sup>
- Employer's Statement<sup>2</sup>
- Attending Physician's Statement (APS)<sup>3</sup>
- Authorization to Obtain and Release Information

### When I Report My Claim, What Information Will I Need To Provide?

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You will be asked to provide the following information — in addition to other questions about your absence:

- Employer name: **WA State Health Care Authority – School Employees Benefits Board (SEBB) Program**
- Group Policy number: **756494**
- Name and Social Security number
- Last day you were at work
- Nature of claim/medical information
- Physician's contact information (**name, address, phone and fax number**)<sup>3</sup>

### What Are The Hours Of Operation For The Claim Intake Service Center?

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If you choose to submit your claim by telephone, The Standard's Claim Intake Service Center representatives are available to assist you Monday through Friday, 5:00 a.m. through 5:00 p.m., Pacific Time.

## **What Can I Expect After I Submit The Completed Forms?**

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Once The Standard receives the required paperwork, which includes the Employee's Statement, Employer's Statement, Attending Physician's Statement and Authorization to Obtain and Release Information, your benefits analyst will contact you to discuss any additional information that may be necessary to complete the processing of your claim and to answer any of your questions.

## **How Will I Be Notified When There Is A Decision On My Claim?**

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Detailed claim communications will be sent to you by mail. You will also have the option to sign up to receive text message alerts. If you sign up, you will receive one-way text messages when The Standard receives key documents and when there are certain changes to your claim status.

## **How Do I Sign Up To Receive Text Messages?**

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Text STATUS to 53284 and you will be enrolled.

Frequency and number of messages will vary based on the claim. Message and data rates may apply. Please visit [www.standard.com/SMS](http://www.standard.com/SMS) for our terms and conditions and to review our Privacy Notice. You can text STOP to 53284 at any time to unsubscribe.

## **If My Claim For Benefits Is Approved, How Long Will It Take To Receive My First Check?**

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After the Benefit Waiting Period as outlined in your group policy is served, LTD benefit payments are paid in arrears on a monthly basis based on the date of disability and are mailed directly to your residence. LTD benefit payments that are payable for retroactive claims will be paid immediately following claim approval.

## **Who Should I Call With Questions About My Claim?**

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If you have already filed a claim, please call The Standard's Disability Benefits toll-free number, 833.229.4177. If you are looking for general information, please contact your payroll or benefits office.

## **Who Is Responsible For Notifying WA State Health Care Authority – School Employees Benefits Board (SEBB) Program Of My Absence?**

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It is your responsibility to follow the normal WA State Health Care Authority – School Employees Benefits Board (SEBB) Program reporting procedures by notifying your manager or supervisor of your absence.

- <sup>1</sup> If you file online or by telephone, your submission serves as the Employee's Statement and we will instruct you on which other documents need to be completed.
- <sup>2</sup> It is your responsibility to provide the Employer's Statement to your Employer to complete and submit to The Standard.
- <sup>3</sup> The Standard will fax an Attending Physician's Statement (APS) to your doctor for completion. We encourage you to contact your doctor and ask their assistance in completing the APS on your behalf.